Symmetry:

The symmetry in the image is the organization of shapes in a vertical fashion down the canvas. To emphasize the proceeding down the canvas, I chose a repeating series of colors and overlapped the rings in such a way as to indicate that the rings are somehow sequential. Simple colors are used, as they are bright and spring out against the dark background. Overall, the rings retain a sort of “saw-wheel” look to them from the shapes that were used, but, again, the angles of bright colors work well against the dark backdrop.

Reflection:

Initially, I toyed around with shapes that were far more blocky. Eventually, I arranged the rectangles in such a way as to create circles and rings. Deciding for these circular shapes instead of rigid block shapes, I worked on orientating them differently on the page. Initially, also, I was only concerned with the form of the image and worked in black and white. Once the shapes were organized on the canvas and the alignments were in order, I inserted the red, green and blue values into each ring in repeating order. Finally, this didn't seem to pop as much as I'd like and I settled for painting them on a dark background.

Variation:

Initially, also, I considered organizing the rings in some sort of interlocking / opposing fashion in an X pattern across the canvas, but I settled for a vertical organization so as to emphasize the other symmetry in the work. Beyond changing the placement of the rings, it occurred to me to make the image monochrome and do the entire thing in shades of blue red or green exclusively.